



Capitol Campus Child Care Center
March 2019 Menu
Ms. Amy & Ms. Jaslyn

	Monday	Tuesday	Wednesday	Thursday	Friday
01					B: Yogurt, O's, water L: Hamburger rollups, carrots & dip, oranges, milk S1: Cheese & crackers, water S2: Cheezits, milk
04 To 08	B: Cereal, milk L: Ham sand., peas and carrots, pears, milk S1: Bananas & nilla' wafers, water S2: Saltines, juice	B: Waffles, milk L: Bean & cheese burritos, carrots & dip pineapple, milk S1: Applesauce, goldfish, water S2: Ritz, milk	B: Cinnamon raisin biscuits, milk L: Tortilla soup/corn, pineapple, milk S1: Cream cheese & graham crackers, water S2: Crackers, juice	B: Pumpkin breakfast cookies, milk L: Mac & cheese, broccoli & dip, oranges, milk S1: Cheese dip, tortilla chips, water S2: Goldfish, milk	B: Cinnamon toast, milk L: Chicken rice soup, peas, apples, milk S1: Turkey & crackers, water S2: Wheat thins, juice
11 To 15	B: Breakfast pizza, milk L: Chicken teriyaki, rice, mixed veg., pineapple, milk S1: Bean dip, tortilla chips, water S2: Crackers, juice	B: Blueberry muffins, milk L: Spaghetti, gr. beans, oranges, milk S1: Cottage cheese, crackers, water S2: Animal crackers, milk	B: Yogurt, O's, water L: Taco soup, tortilla chips, pears, milk S1: Sweet potato oatmeal cookies, water S2: Wheat thins, juice	B: English muffins, sausage links, milk L: Fish sticks, rice, peas, peaches, milk S1: Chicken salad spread, crackers, water S2: Gold fish, juice	Center Closed for Staff In- Service Training
18 To 22	B: Cereal, milk L: Ham fried rice/ mixed veg., peaches, milk S1: Banana's & animal crackers, water S2: Crackers, milk	B: Apple muffins, milk L: Chicken alphabet soup, peas, pears, milk S1: Cheese, pretzels, water S2: Saltines, juice	B: Cheesy biscuits, milk L: Cheese pizza, carrots & dip, oranges, milk S1: Chex mix, raisins, juice S2: Goldfish, juice	B: French toast sticks, milk L: Tater tot casserole, mixed veg., apples, milk S1: Fruit salsa, tortilla chips, water S2: Ritz, milk	B: Sweet potato biscuits, milk L: Chicken cheese Quesada's, broccoli & dip, pineapple, milk S1: Ham & crackers, water S2: Cheezits, juice
25 To 29	B: Cheese toast, milk L: Mexican pizza, peas, peaches, milk S1: Yogurt, O's, water S2: Pretzels, juice	B: Banana muffins, milk L: Lasagna casserole, carrots & dip, oranges, milk S1: Turkey & crackers, water S2: Graham crackers, milk	B: Toast w/ jelly, milk L: Taquitos, mixed veg., pineapple, milk S1: Munchie mix, raisins, water S2: Goldfish, juice	B: Pumpkin muffins, milk L: Potato broccoli soup w/bacon, pears, milk S1: Egg dip, crackers, water S2: Crackers, juice	B: Bagels, cream cheese, milk L: Sun butter sand., peas & carrots, apples, milk S1: Fruit, O's, water S2: Wheat thins, milk