



Capitol Campus Child Care Center
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www.lotsoftlc.org



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January 2021



Infants

Happy New Year, Infant families!

We hope you all had holidays full of joy and were able to at least FaceTime or Zoom with loved ones during this untraditional quarantine holiday season. We are ready to look ahead to 2021 and have a wonderful year together! We want to take a moment to thank *all* the parents of 5C's and the Parent Board for all the generous gestures, gifts, kind words, and well wishes this holiday season. Your kindness has been humbling and has truly touched our hearts. Thank you so very much!

We will kick this year off with a wonderful theme that I feel is so very important in all children's lives, "Read To Me," which is one of my favorites. I will pull some great books to bring into our classroom and I hope that you do will also do lots of reading at home! It is never too early to sit with your child and read to them. There is a wonderful quote by Emilie Buchwald that I could not

agree more with, "Children are made readers in the laps of their parents." I plan to have lots of fun with this theme this month!

We do not have any birthdays in our room this month, however we would like welcome two new friends, Chloe and Charles! We are looking forward to having them join our classroom and getting to know each one of them better!

As said before, we use several signs with the children throughout the year to increase their communication skills but focus on one in particular each month. Our sign of the month this month is "please." The sign "please" is so easy to use anytime throughout the day with the children – if they would like a book read to them, they want to be picked up, they are asking for a specific toy, and so on. If you are not aware of how to sign "please," feel free to ask or visit this wonderful website resource: www.signingtime.com. Thank you for continuing to also do these signs at home with your child! They learn so much with all our consistency and repetition!

We hope you all have a jolly January and a

fantastic first month of the new year!
 Ms. Amy, Ms. Hoa, and Ms. Carol

2021 TUITION

RATES:

NEW RATES INCLUDE A 5% INCREASE AND ARE POSTED ON THE WEBSITE

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Notes from Nancy and Tina

Happy New Year! Capitol Campus Child Care Center staff want to thank you for all the wonderful cards, goodies and gifts you gave us this Holiday season. Your generosity and thoughtfulness is greatly appreciated. And we greatly value our wonderful Parent Board's time, energy and guidance. Thank you!! As we reflect on 2020, there are many circumstances and occasions we will

remember. Our 2020 year, being disrupted by COVID-19, created unique memories about adapting our routines and practices to care of your children in a new and safer manner. You and your children have done such a great job of complying with all the new procedures we have had to create to stay open and safe. And, we have had to adjust to the changes created with families leaving the center and new families joining our 5Cs family as well as having a few staff move on to new adventures. Thank you for your support in helping us with the growth and development of the children and the center.

Reminders:

Thursday, December 31, 2020, New Year's Eve the center will close at 5:30 pm.

Friday, January 1, 2021, the center will be closed for New Year's Day.

Monday, January 18, 2021, the center will be closed for Martin Luther King Day.

We will post a sign on the Parent Files when your 2020 yearly tuition statements are ready and put in your parent folder outside of the office. The statement will include the center's tax ID for your information to complete your taxes.

As you read through the newsletter, you can see that the teachers are ready to start a new year. Their themes and activities are planned with age appropriate activities and to build skills to further each child's development. This year we had to put away some activities and materials. We have been working to bring these items back with procedures that will keep the children, staff, and the environment COVID free.

An inclement weather update: If the center loses power, we will remain open as long as we can keep the children warm or cool depending on the season. We would contact parents by phone if we needed to close. If you are in doubt, please always call into the center to inquire. Thanks!

Again, thank you parents for all that you have done to make our staff feel cherished and trusted. We do appreciate your generosity and kindness. We are looking forward to a fascinating 2021!

Ms. Tina and Ms. Nancy



Wobblers

We are welcoming our little bears in January to learn about all that the season of winter brings. Our themes this month are arctic animals, exercise, community building, and body parts. The children are advancing in every aspect of development, so our January themes are a wonderful way to learn about ourselves but also the world around us. The children will explore the shape of a snowflake and the color blue. We look forward to singing songs, reading books and exercising this month.

The little bears have increased into quite a big pack of seven over the month of December. During that time, we have welcomed Thyri and Zachary to our pack and it sure has been delightful, full of smiles and curiosity that have developed into an active den. Our friends have learned to be quite the community and we are looking forward to our new year this January.

We hope our families have had a wonderful holiday and hope the new year

begins with a sparkle ✨.
Thank you for your generosity to us during this special time of year.

Thank you, Mrs. Stefany and Ms. Dung



Todd I

It is 2021! Wow, what an exciting new year it will be, and with us all supporting each other, we made it through 2020! Let us continue into the new year with a positive attitude that we can do anything! There has just been so much learning and growth this past year; the children have become more independent (like washing their hands). Have become more coordinated (like running without falling) and their vocabulary and talking skills have increased (we hope you saw that on the Holiday video). It's been great!

For the month of January, our themes will be; the days of the week, dinosaurs, community helpers, and fun with shapes. There are so many ways that we can learn about these topics; through songs, books, manipulative toys, dress up and other activities! If your child has a favorite dinosaur stuffy, toy, or

book that they would like to show to the class, they are welcomed to bring it in during the week of the 11th - the 15th: our Dino week! We will post a reminder sign on the door. Our shape for the month is snowflake shape (we hope we get some snow) and we will emphasize the color blue.

We have no birthdays, or transitions but we think Jack and Oliver will be joining us this month! We have missed them so much during their break!

We hope you have a wonderful New Year's Day! Thank you for generosity during this Holiday season.

Ms. Cassey, Ms. Kasondra and Ms. Thol



Staff Birthdays:

Angela	1-17
Kayla	1-19
Samantha	1-29



Todd II – BOUNCY TIGGERS

HAPPY NEW YEAR!!! Welcome to January in Todd II, we hope everyone has

enjoyed a merry and joyous holiday season. We are on the mark and ready to jump into an adventurous and exciting new year with all our friends as we hunt for Dinosaurs and fossils, learn about winter, explore our five senses, being healthy, and learn about Dr. Martin Luther King Jr. We are very excited and looking forward to a lot of fun learning and activities to take place in the coming month and year.

The week of Dec. 28th-Jan. 1st will be New Years, as we say goodbye to 2020 (and what a year it has been) and prepare to ring in 2021. We will be having our early New Year's celebration on the afternoon of New Year's Eve with some sparkling cider and finger foods, which we will prepare in the morning. We will be talk about our year we have just finished and adventures we would like to do in the coming year.

The week of January 4th-8th will be all about winter as we paint with ice, explore a polar environment in the sensory table. Look for lots of winter themed art with cool colors (Blue, White, and silver) as well as a snowflake or two.

The week of January 11th-15th will be all about Dinosaurs, big and small. We will dig for bones, create fossils, and make dinosaur feet. We will also prepare & enjoy a prehistoric snack; swamp dip and dinosaur claws (Guacamole and tortilla chips). We will end the week with a history lesson/ introduction of Dr. Martin Luther King Jr. as we prepare to observe his birthday the following week.

The week of January 18th-22nd learning about our five senses; sight, smell sound, taste and touch. A sensory grab bag game, scent bottles, and color board to explore as we look at the different ways we use our senses through the day.

The week of January 25th-29th will be all about health and nutrition, as we take a look at some of our favorite foods; both good for you foods and not so healthy favorites, healthy habits, and our favorite ways to be active and healthy.

Happy Birthday wishes for Nora, who is turning 3 on January 3rd.

Thank you all for the wonderful gifts, and happy wishes for the holidays. We appreciate all of you so much. Here is too

looking forward to a safe, healthy, and happy new year to all.

Happy New Year!

Ms. Mandy and Ms. Cindy



Preschool

Happy New Year! we hope 2021 brings much hope to your family as we leave 2020 behind us.

Things in preschool are going along smoothly! January will bring all things winter into our classroom. We will be finding out about snow, what makes a snowflake, how to dress for the snow, and how our PNW weather is unique in our area. We will also take a look at winter animals including polar bears, penguins, and foxes to see how they are built to live in cold environments. We will be reading the books *The Mitten* and *The Snowy Day* to help us understand what winter is like in other places. A favorite winter game we play is what we call "The Shoe Game". We all sit in a circle and everyone takes off one shoe. Then, the children close their eyes while we hide all the shoes. Then they all go and find a shoe that belongs to a friend

and we all go around the circle and give the shoe back to its owner. It's always fun to see the enjoyment as they search for their friend's shoe!

We also will spend a little bit of time talking about keeping our bodies active in winter and some indoor activities we can all do to stay healthy. Everyone enjoys it when the balance beam is brought out and the tumbling mat for our own little preschool gymnastics meet! Along with being super fun, this helps us see how each child is developing, and to make sure those gross motor muscles keep in tip top shape! A fun way to walk on a "balance beam" at home is to put a long strip of tape down on the floor and challenge your child to walk across keeping their feet on the tape. You could also have them jump! Side to side, or front to back, or see how far they can go on one foot. This builds hand eye coordination, spatial awareness, and leg muscles. These activities/skills are all pre-reading requisites.

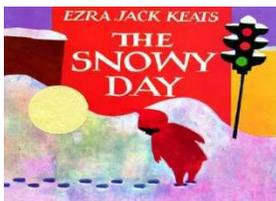
Thank you for bringing hats and gloves to school! I know it can be a challenge sometimes, as gloves usually get lost somewhere along the way, but they really do help with

cold little fingers. As we get farther into winter, the weather will probably get colder, and even though we don't usually stay out for very long, we do go out quite a bit, and children are much more willing to go out if they have all the right equipment. A warm coat with a hood (or a sweater to layer), hat, and gloves will go a long way to keep your child happy and healthy. Please make sure to label with initials or name on each item to keep them from getting mixed-up. The tag is a good place to label it, or you can put a piece of masking tape on the inside if you don't want to write on the clothing item itself.

Finally, remember that masks are very welcome in our class. If any friend would like to wear a mask, please just let one of us know and we will make sure they have fun wearing it!

Thank you for sharing your amazing children with us and your generous Holiday gift!

Ms. Angela, Ms. Kayla,
Ms. Kim and Ms. Sam



Jan. 2021 Center Closures

*Friday, January 1,
New Year's Day*

*Monday, January 18,
Martin Luther King
Day*



PRE-K

January has arrived!

Happy New Year! Pre-K is excited for what is to come this year, and what we will be learning about this month. We will be talking about the season of Winter, Hibernation, Winter Sports, Explorers. Our Second Step themes this month will be Feeling Feelings in Our Bodies, Strong Feelings, Naming Feelings, and Managing Disappointments. Our letters this month are P, Q, R, and S.

For Winter, we will be learning about snow, snowflakes, Wilson Bentley and his photographs, temperature - the highs and lows, and how we stay warm in winter - clothes, shelter, heaters, fire, etc. What activities does your family do in the winter? How do

you stay warm? Use this as an opportunity to talk about the blessings your family have in this colder season.

Continuing our talk about the cold, Hibernation week will consist of identifying the animals that hibernate, how they hibernate, and how long they hibernate. We will focus specifically on bears. What kinds of animals do you usually see around your home that are hibernating now? See if your child can identify where they might be hibernating.

For Winter Sports we will be talking about skiing, snowboarding, snowshoeing, hockey, sledding, and snowball fights. We will be talking about the gear people use, the clothes they wear, and where people do these different sports. Has your family ever participated in any of these sports? What kind of equipment do you use? Do you have any in your home you can show your child? Are there any other winter sports you have participated in that are not listed here?

Explorers week will cover famous explorers in history, what explorers do, and what kind of equipment they use to tell other people about their discoveries. We will talk

about current explorers as well as past ones. We will talk about Earth, Ocean, and Space exploration. What different places around your home can your family explore? Any trails or forests nearby? How about in your own home? Can you pretend to be explorers discovering hidden treasures in the kitchen?

In the past, Pre-K has done a 'Adventures with Buddy Bear' where each child would get to take home the Buddy Bear stuffed animal and document their adventures with each other via pictures. Because of COVID this year, we cannot send Buddy Bear home, but we will ask a child, each weekend, starting January 19th, to document their adventures with a particular "stuffy" or toy they want to walk around with. We will be sending more specific information home closer to January 19th.

Thank you, thank you, thank you for your continued support of the teachers, all staff at 5Cs, and the Pre-K class. We could not have gotten through 2020 without all that you have done for us.

Happy New Year!

Ms. Moriah and Ms. Lori



Please remember to check your child's extra clothes at the center to make sure they are warm and fit. Everyone seems to have grown at the end of 2020!



2021 Holiday Closures are posted online:

Staff In-Service Dates:

March 19th

August 20th

Center Closed