

Capitol Campus Child Care Center

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July 2020



Infants

Happy July, Infant families! We are happy to have a whole month of the “new normal” under our belts here at 5C’s. Thank you for your continued support and cooperation while we navigate through our new waters. You [parents] have been so wonderful in remembering to wear masks, filling out clipboards in the hallway, relaying your child’s belongings back and forth to us through the doorway, and giving us a quick knock on the door if we don’t happen to see you standing there. Thank you so much for your kindness and patience!

As we enter July, we want to wish our friend Ovy a very *Happy 1st Birthday* on July 3rd! He has grown and changed so much in the past few months and we know he will enjoy the Wobbler classroom. We will certainly miss his smile and “dance-dance”!

welcome our new friend Jordy to the classroom! We have enjoyed getting to know him during his visits and we know his big sister Lilah (currently in Todd II) will show him the ropes of being a 5C’s friend. We’re happy to have you join us, Jordy!

July will be a very fun month in the Infant room. Our theme is “We’re Antsy for Summer” and while we will leave up our fun ocean décor around the classroom, we will also add some new books and songs that add to the summertime theme! Our sign of the month is “please,” which is such an easy one to use all day long – When they want a toy, when they want more milk, when they want to be picked up, and so on! Remember to use these signs at home too and you will truly notice your children’s vocabulary grow!

We have already been enjoying getting fresh air on stroller walks and on our shady patio. The kids love watching the breeze blow the leaves on the bushes right outside our fence – They make for some great entertainment and they

like our own private garden out there.

Just a friendly reminder to everyone that *all* of your child’s things must be labeled. *It is especially important that ALL food/drink related items (jar puree foods too!) are labeled with their **FIRST AND LAST NAME***, but it is also helpful to have their hat and sweatshirt/jacket labeled with their initials or name.

Wishing you all a fantastic July!
Ms. Amy, Ms. Hoa Hoa, and Ms. Bella

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July Menu: Lotsoftlc.org



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Notes from Ms. Tina and Ms. Nancy

The month of July is bringing on more 5C's Summer Fun Programs. Teachers and support staff are coming up with great ideas and activities for your children to enjoy. We are welcoming back more of our families this month as well as new families to the center. We feel that the procedures and routines that we have put into place are proving to work and we appreciate all families following these new practices. Wearing masks is the most important practice we can follow – so thank you!

Reminders:

- The center will be closed on Friday July 3rd in recognition of the 4th of July.
- The center hours are going to remain from 7:30 am to 5:30 pm for the month of July.
- Pre-K graduation is being scheduled for the month of August.
- **Parents need to provide diaper wipes for children in diapers and potty training**

We are beginning to prepare for September enrollment. We have started transitioning a few children to their next classrooms. We understand the uncertainty of these times and so we understand the difficulty of making a decision on your child returning to the center so the sooner you are able to make a decision to return or not return the better we are able to plan. We also understand the uncertainty of the opening of elementary schools and we are watching very closely OSPI recommendations. **Summer Staff:** Summer is always a challenge to find the right teacher combination for each classroom. Staff are taking vacations and need time off for different events and so we are working very hard to keep the combination of teachers that make the children feel comfortable and not disrupted as well as not introducing new people into the classroom.

We wish you a happy and a safe 4th of July.
Ms. Tina and Ms. Nancy



Wobblers

It's just like to say how lovey the month if June was. We are excited to be back here at 5Cs and to be present with the children. The children have grown so much and the past June has been full of friendship and smiles. It was a great start to be back and before we knew it, July has sprung upon us.

New and old faces will be greeting us this July. From the Infant room, we will be welcoming Max and Ovy to the wobbler room and saying goodbye to Brendan to Todd I for an all new adventure.

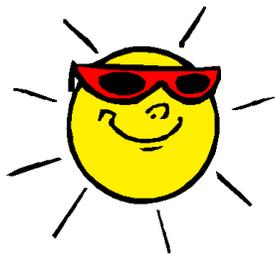
This July, we will be focusing on red white, and blue for the 4th of July, bees, camping, water and sharks. July will be a month of hands on counting (1,2,3), colors and building. The children will be given paint brushes and buckets to create their own form of art through water play. July will be a hot month, so we will be taking our activities outside for a fun new experience.

As we welcome our new friends this month, the focus will be on gross motor and fine motor skills for them. Lots of repetition this July.

We are excited for this month, summer will be a spectacular one.

Thank you and happy July,

Ms. Stefanie, Ms. Dung, and Ms. Cassey



Todd I

Welcome to July!

This month we will be talking about the 4th of July, Picnics, Swimming Pools, Shapes in the alphabet, and Fairy Tales. You may recognize the Alphabet and Fairy Tale themes from earlier during quarantine. We thought these topics were important to go back and cover as a class.

Our shape for this month is a star, and our colors are red, white, and blue!

For 4th of July week, we will talk about fireworks

and loud noises. We will sing about America, talk about our flag, and wish the US a "Happy Birthday!" On Friday of that week, we will have a special treat of strawberries, blueberries, and cool whip. Yum!

For Picnic week, we will talk about the kind of food we can eat, where we will eat, how we carry the food, what we sit on, and etc. at a picnic. We will talk about BBQs. We will talk about who we go on picnics with. If the weather is nice, we will take our snack outside for a picnic.

For Swimming Pool week, we will talk about our swimsuits, our goggles, and our floaties. We will talk about where we swim - in the backyard, or at the YMCA, or at the gym. We will practice the different kinds of swimming strokes we can do inside. If the weather is really nice (75F or above), we will have a day of playground water play, so prepare to bring in your child's swim gear.

For Shapes in the alphabet week, we will sing the ABCs a lot! We will talk about what letters our names start with. What letters are your children recognizing

outside of school? Point out the letters as you go about your every day. ("S-T-O-P. STOP. Stop sign. S is for Stop sign.")

For Fairy Tale week, we will talk about the 3 Little Pigs, the 3 Little Bears, and Little Red Riding Hood. We will also sing different nursery rhymes. What is your family's favorite fairytale or nursery rhyme?

We want to welcome Brendan from the Wobbler classroom into our room. We are happy you are here.

We are excited for the month to come!

Ms. Moriah,
Ms. Kasondra, Ms. Thol
Thol and Ms. Anna

Staff Birthdays

Carol 7-21



Todd II

Welcome to July in Todd II, we are so excited for summer and all the fun outdoor activities we can enjoy. As the weather

gets warmer we will be spending more time outside, please check your child's extra clothes /shoes: make sure they are weather appropriate, and still fit (closed toe).

We have a lot of fun, summer themed art activities planned, as well as some outside water activities to start our summer fun off with a splash. We are excited about some walking fieldtrips, when they are open and available (with safety/health protocols in place). We will be taking walking trips over to the small enclosed playground at Garfield; for the purpose of becoming familiar with the fieldtrip routine that they will experience in pre-school, as well as just the adventure of exploring a different playground. We will be posting a permission / sign-up sheet for going to the playground and we'll let parents know prior to going.

The week of July 6th is Pet week; children may bring in photos of their pets to share (theirs, or another family members pet) we will also make pet themed art. Make sure to look for the list, with the accompanying pictures of the pets they would love to get, which we will post in the hall as

you are heading to Todd II.

The week of July 13th is beach week; we will be all about the sun and the sand with some colorful sand art, sand paper sand castles. We will be enjoying both sand and water play that week, so think sun. We will post notices for water play days; we will be playing in the sprinkler, so this will definitely be the day for towels, extra clothes and shoes. We will also ask you to apply sunscreen for your child before you bring them in, so the sunscreen won't be washed away when they are in the sprinkler.

The week of July 20th we celebrate children's author Robert McCloskey whose books depict summer adventures for children and animals alike; from little Sal's adventure on Blueberry Hill, to Mr. & Mrs. Mallard and their ducklings as they walk through Boston commons to reach the park. We will make Blueberry muffins for an afternoon treat, and create Berry themed art.

The week of July 27th is all about planes, trains and automobile; summer is the time that many of our friends will be going on vacation, and we

would like to share about adventures that we have had; road/ camping trips, taking a plane to visit family in faraway places. Where are you going, and how do you get there? We will be doing travel themed art.

We are also saying goodbye to our friends Michael, Cormac, and Justin as they move on to preschool, and we are welcoming in new friends Connor, Frankie, Lee, Maisie, and Nora V. Yea, for new adventures. Happy summer!!!

Ms. Mandy & Ms. Cindy



Preschool

July Preschool News
2020

It's officially summer! I am extra thankful this year that things are slowly getting back to normal. As our community comes out of quarantine, please remember that we are still practicing safety measures at our school. Preschool parents, you have been amazing at wearing masks in the hallway and saying goodbye to your child at

the door. Thank you so much! You rock! Some drop offs have been a little rough around the edges, but we are getting there. Pick up can be a little tricky if we teachers are busy, but feel free to knock on the door or crack it open and call out a "hey!". We all try to keep one eye on the door, but we don't mind a little call out if needed. Thank you for keeping all our friends safe!

We have two birthdays to celebrate this month. Albert (22nd) and Greta (28th) will both turn 4 this month! Happy birthday friends! We will look forward to celebrating with you when you return.

Three friends from Todd II will be joining us this month. Michael, Justin and Cormac are now transitioning to preschool and will be joining us full time soon. Welcome Michael and Cormac! We also have two more friends returning this month. Ian, Myla and Mara will be coming back to our classroom, and we are so excited for more friends to play with!

We have lots of summer fun planned this month! We will be learning about America's birthday, summer vacations, picnics, water play, and

summer weather. Stay tuned for more info about water play days. They will be only in our play yard, and kept fairly simple, since we do want to keep the germs down. We will let you know when we are planning them so you can bring in all the right things. Lots of outside fun to look forward to this month!

We have a few reminders for summer. Please bring a sunhat for your child that can stay here all week and be sent home on Fridays. If you are coming back for the first time, we will have a sunscreen form for you to sign, so please bring sunscreen. You only need to sign the form; we will have it all filled out. Please remember that stuffed animals, blankets, jackets, and hats need to be brought in a bag on Monday and kept here during the week. Everything will be put back in your bag and given to you when you pick your child up on Fridays. We are trying to limit the number of items that pass in and out of our classroom to cut down on germ sharing. If your child is having a hard time with this, please let us know so we can talk to them and explain a bit more. Finally, if you would like

to have lotion available for your child's hands as we are washing so much more, please let us know so we can have a form for you to sign. We have center lotion available for the kids, or you can bring your own. Both require a signature from you, so again, just let us know what your preference is.

If you are coming back to preschool for the first time, we recommend watching the drop off video that we sent out last month once more. It will help the kiddos feel better about what to expect as they enter, and know that things will be different. Our classroom looks a bit different as well, so as your child returns, we will explain as needed. I also wanted to give you a heads up about the verbiage I am using in class so you can get a feel for how we are addressing things. First, I am referring only to "germs" when I talk about COVID 19, so a cold and the flu will be included in "germs". Some friends are talking about a virus, and that's ok, but all of our preschool teachers will be referring to germs when we talk about staying healthy and washing hands. This seems to cover all the bases and isn't overwhelming to those

friends who are more concerned. As far as social distancing, We are encouraging our friends to “make space” for other friends. When we sit in circle time or story time, we have them put their arms straight out to the side. If they touch anyone, they need more space. This has worked very well so far. We are not enforcing space during playtime, except for limiting the number of friends in a space at one time. These things will be easier as we go along, but I am very pleased with how much they already are doing. Thank you for your support as we navigate these waters together!

Your preschool teachers, Ms. Angela, Ms. Kayla, and Ms. Kim

PS. Ms. Millie will be back soon. We miss her!



Pre-K Big Bears

Hello all! We are so very excited to see you all this July. We are ready to have a “fuller” class and be able to spend time with you all before heading off to kindergarten. We will be

announcing graduation time and day later on this month, so stay tune!

Just a heads up, we will be doing more water exploration this month, so please check in with teachers about your child’s extra clothes bin if you haven’t already!

This July, we will be focusing on the subjects America and Fourth of July, Camping, Water Exploration, Beach and Vacation, and Graduation. We will be working on some social/emotional and self-help frameworks to get the children ready for kindergarten. Some fine motor strengthening activities we will be doing, include straw and playdough building, fishing with a round wrist movement, water droppers, and floor clenching. Some sensory bin activities we will have available include sand castle building, water beads, water tubes, and PVC piping. We will also be doing leaf patterning, star gazing, compass practice, bear counters, and water redirection. We will switch up dramatic play area from fireworks and firefighters, campground, hoses and sprinklers, and to lounge chairs on the beach. During July, Mrs. Sam will be sharing her Native

American heritage with the class through campfire stories. The stories belong to many tribes throughout America. Some of the tribal stories we will be sharing belong to the Eskimo, Navajo, Cheyenne, Cherokee, Algonquian, Makah, S’Klallam, and Cowlitz tribes. Each story comes with a set of pictures from that tribe and include tools, ways of travel, and attire specific to the region and tribe.

We are really hoping you all had a good spring and start to Summer, and hope to see you soon!

Mrs. Sam, Ms. Lori and Ms. Rebekah



Please sign a permission slip so that your child can use our lotion or please supply your own since we are washing hands SO often! Thank you!

Parent Board Update:

Parents,

We are recruiting for new members on our board, if you are interested, please let Ms. Tina know. Thanks!