

Capitol Campus Child Center

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www.lotsoftlc.org

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September 2020



Infants

Here we are in September, Infant families! It is crazy to think we are already entering a new school year! We have really enjoyed the summer with the infants and look forward to entering a new season with our wonderful children.

We want to extend a warm welcome to our new friend Zachary! It has been so fun to get to know him during his visits – We can already see that he will really enjoy being part of the infant room! It will be fun for his big brother, Christopher (Preschool), to have his baby brother join him here at 5C's.

We also want to welcome another new little friend, Ridley! He is a sweet little guy and he will be the youngest in our classroom. We're happy you're joining us, Ridley!

Our theme in September is "All About Me." This is always a fun theme, no matter what the age of our children! We will be asking each child to bring in up to 4 family photos that we will use to create a fun family collage that we will hang down at the children's level so they can look at pictures of their family while they're here at school! This is always a big hit with the

children every year. We will also be talking about simple parts of the body, such as nose, mouth, ears, and so on, so hopefully, we'll start to see some of our older children mimicking/pointing to these body parts along with us! As usual, we will also enjoy new songs and books to go along with our theme.

As said before, we use several signs with the children throughout the year to increase their communication skills but focus on one in particular each month. Our sign of the month this month is "eat." We use the sign "eat" often: most frequently for when it is time for the children to eat their solid foods at the highchair. If you are not aware of how to sign "eat," feel free to ask and then use it at home with your child. Also, a wonderful website resource for you to learn the signs we use in our classroom is www.signingtime.com. Thank you for continuing to also do these signs at home with your child. They learn so much with all our consistency and repetition!

Just a friendly reminder to everyone that *all* of your child's things must be labeled. *It is especially important that ALL food/drink related items are labeled with their FIRST AND LAST NAME and DATE*, but it is also helpful to have their hat and sweatshirt/jacket labeled with their initials or name.

We hope you have a spectacular September,

Ms. Amy, Ms. Hoa, Ms. Carol, & Ms. Jessica

Center Closed
Monday,
September 7, 2020

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September Menu:
Lotsoftlc.org

Notes from Tina and Ms. Nancy

Our summer is ending, fall is here, and we are ready to begin our 2020-2021 year at 5Cs. This is a big transition month for everyone; the children, the staff and the parents. We want to express a big "Thank You" to all for your support, patience and understanding through these challenging times. We are looking forward to feeling more normal with our "new normal" routines, policies and procedures. September is

like a turning point and a time to move forward.

We had a wonderful Pre-K graduation celebration for the children going into Kindergarten. We know they are very excited to start their kindergarten year and we know they will succeed in their new adventure.

Parent Annual Update

Information: The center needs updates to keep our records current and for WAC requirements. In your parent file you will find the annual update information sheet for you to complete. We also need new emergency cards (on website) and finally if your child has had any new shots please give us the name of the shot and the date. We need all of this information back to the center by Friday, September 18, 2020.

Transition to new

classrooms: The plan for the majority of children transitioning to the next classroom will happen on Tuesday, September 8, 2020. There are a few children moving up in the next two weeks so that the staff to child ratio stays in compliance. A letter will be sent home for each child transitioning on Wednesday and Thursday, Sept. 2 and 3, 2020 explaining the transition day. The following is a summary of the contents of that letter:

- Children will start off in their existing classroom.

- Wobblers will move to Todd I at 9:10 am
- Todd I will move to Todd II at 9:20 am
- Todd II will move to Preschool at 9:30 am
- Preschool will move to Pre-K at 9:40 am

If you want to have your child to participate in the transition ceremony, please have your child in their existing classroom by 9:00 am. We know that this is an exciting time. The teachers are talking about the transition with their students and it would be helpful if you would talk about it with your child as well. We appreciate your help.

Staff Changes: Ms. Kayla, preschool teacher, is going to start school September 16th and will be working part time at the center. Ms. Samatia, Pre-K teacher, will no longer be in the Pre-k room because her son AJ is moving into Pre-K and our policy is not to have Parent/Teacher and child in the same classroom. Starting in September, the teachers in each classroom will be:

- Infant Room: Amy and Hoa, Carol; Jessica
- Wobblers: Stefany; Dung and Rebekah
- Todd I: Cassey; Thol, Kasondra
- Todd II: Mandy and Cindy; Kasondra
- Preschool: Angela, Kayla, Samantha
- Pre-K: Moriah, Lori, and Grace

The teachers have been working very hard on preparing for the school year. They have developed 2020-2021 Curriculum Themes for their classrooms. These themes are posted on the classroom Parent Information Boards.

Reminders:

- The center is closed Monday, September 7, 2020 for Labor Day Observation.
- Transition day for children is Tuesday, September 8, 2020. Please have your child at the center by 9:00 a.m.
- Center hours remain the same 7:30 am to 5:30 p.m.

Ms. Tina and Ms. Nancy



Wobblers

Welcome all new and returning families

It is a pleasure to be introducing a brand new friend here at 5cs who will be accompanying us here in the Wobbler room this September: Josephine or Josie. She has an older sibling who will be attending Todd II.

This month will consist of a small group, as many of our

friends are getting ready to transition over to Todd 1. As a class, we will have the chance to focus on our little ones and will assist them with exploring their fine and gross motor skills. Group activities will be based on our lesson plans, which will be posted on our parent board. Please feel free ask for a copy to try some new fun ideas at home. Themes of the following month consist of group time, farm animals and sensory fun. We will also introduce the shape square and the color yellow.

September is all about self-exploration and taking turns. As a whole, we will be learning how to say please, and more, which will be translated through sign language. Practicing taking turns and responding to when their name is called are two more skills we will be introducing. Fine motor goals for the month are cup holding, grasping and scooping. Gross motor goals will be quite the excitement for our young ones - getting up and moving, especially with those beginning steps.

Before we say our goodbyes to the Wobbler movers, I will be pulling out all of their favorite activities to practice those fine and gross motor skills for one last time. These activities will give our new young ones the opportunity to see our fun activities that our class will be doing for the upcoming year.

September is the new beginning and we are looking forward to our school year as

the Wobblers. To add, as the fall season beginnings, please be sure to provide your child with a jacket or sweater and a cozy hat. We do go outside every morning and afternoon,

Ms. Stefany, Ms. Dung, and Ms. Rebekah

STAFF BIRTHDAYS:

No Staff Birthdays



Todd 1

Welcome to September! Another "school year" has come and fall will be here before we know it. This month we will be talking about our senses and bodies and what they do; we will have mirrors and dance a lot of hokey pokey. We will talk about what it means to go to school and learn with our friends, we will also talk about our families and family favorite things. Then we will be exploring with colors. With our new group entering, we really want to see what they already know, and then build from there.

Our monthly shape is a circle and our colors of focus are red, yellow, and blue. Each month has a shape that we hope the children will fully grasp by the end of each month. Each month also has

3 colors to go with the themes that we will practice the names of and include in our art.

This month we are saying 'see you later' to a group moving up to Todd 2 including Mitchell, Owen, Ellis, Leonora, Alex, Dexter and Elijah. Then we will be welcoming Willow, Oliver, Eddie, Jack, Desmond, William and Cohen into Todd 1 from the Wobbler room. Between both groups there are somehow no birthdays this month.

With our new class and the beginning of our year, we want to ask for your help to encourage children to keep their hands, and toys, out of their mouth. Especially in these times of health concerns, it is in everyone's best interest that we teach children the importance of clean hands and keeping our bodies healthy.

Too often we see children with their hand/fingers in their mouth, just walking around, looking for the next toy to play with. We always tell them "out of your mouth" and then we go right away and wash hands. We talk about how our mouths are for talking or chewing food, and we use our hands for holding, clapping, waving, etc.

Developmentally by 9 months of age, children should have satisfied their oral fixation. It is an important part of learning and we understand that children are still teething and it's uncomfortable. We offer teethingers or soft bibs to chew on when children feel that need and are putting

their hands/fingers in their mouths.

By 18 months, children are old enough to understand many things, including that their hands and toys are not for chewing on. (Especially if you have a dog at home, it's important to explain that dogs play differently.)

The following are reasons why it is important for children to keep their hands/fingers out of their mouth.

1. When they put their hand in their mouth, they are putting germs in their mouth - no matter how much we wash our toys and hands. If you are out in public, you don't want them to touch a slide or a grocery cart and then touch their tongue. Yuck!
2. When they touch a toy after having their hands in their mouth, they are putting their germs out there for other children, or teachers, to touch. We are trying very hard not to spread germs.
3. We cannot watch the children every second of the day, so we really want to teach and have the children learn the self-help skills, no fingers in our mouth.

We appreciate your help in this matter. If you have any questions please talk to us.

September is going to be busy and we are looking forward to a fun and exciting month.

Ms. Cassey, Ms. Kasondra, Ms. Thol



Todd II

Welcome to September in Todd II. September is a time for transitions; summer toys and gear are packed away, children are headed back to school, or going for the first time. The leisurely pace of summer starts to give way to the busy pace of fall. In Todd II we prepare to say good-bye to some old friends, as well as make room for some new ones. This is also the time of year that we remind you to check your child's extra clothes; do they still fit? Are they suited for the weather? Do they need more socks? Thanks.

Sept. 7th -11th is Back to School week as we start a "new" school year. School themed art; name slates, backpacks, and school buses are planned for the week. We will talk about school, and how some of our siblings are heading back to school, or preparing to go for the first time.

Sept. 14th -18th is Family & me week. Children share about their family; their house, siblings, parents, and pets. They create a family portrait, and make a "Family Tree", which is a keepsake. Please send in photos of your child, and family (parents,

siblings, extended family, and pets- important people in their lives). We will be cutting photos to fit so please send duplicate copies of your originals, or ones you don't mind getting cut.

Sept. 21st - 25th is fall week. Look for the vibrant colors of fall as we head into a new season; red, yellow, orange, and brown. We will be learning about the weather changes, and how they bring the bright colors of fall that we see in the changing leaves. We will go on a leaf hunt, make leaf prints, and a fall wreath. What do you like to do in the fall?

Sept. 28th -Oct. 2nd is Harvest; harvest moon, gathering food such as nuts and apples, as we look at activities and stories associated with fall. We will explore changes we see when the seasons change; school begins, football season starts (fingers crossed), families start planning for family gatherings (tailgating, anyone?), visiting the cider mill and apple orchards (socially distancing, of course). We will be exploring the many apple varieties available, and of course, doing a taste test to discover our favorite. We will also be doing apple themed art, as well as making applesauce for snack, yum!

We are sending hugs and wishes for great new adventures to Lilah, Cora, Nora S, Aiden, and Nora V. Have fun in Pre-School!!!! We are welcoming Ellie, Alex,

Owen, Leonora, Dexter, and Mitchell.

We hope everyone had a wonderful summer. Here's to a colorful fall.

Ms. Mandy & Ms. Cindy

Preschool

Hello to our preschool friends, new and old! This month we will be transitioning our older preschool friends (everyone who has already turned 4) into the Pre-K classroom. If your child is moving, we expect this transition to happen September 8th. If your child is staying, this is a good opportunity to talk to them about being the "big kid" and help our new friends feel more comfortable in our classroom. We have about half of our friends moving on, and half staying. We have been talking to all our preschool friends about the important job they will do, whether staying or moving on. One thing I have told the kids who are staying is that they get to stay with me! Someone has to stay with Ms. Angela, right?!? Everyone is very excited!

We would like to welcome Nora S, Nora V, Lilah, Cora, and Aiden to our class! Welcome to our new friends!

To start September, we will be learning about occupations! After the transition, we will learn all about our preschool friends. Our names, our families, our preschool expectations (post COVID), our toys, our schedule, our classroom, our teachers, and much more! If your child is staying, we are

asking parents to bring in a family picture by Sept 18 for a project. Please note: this picture will be able to stay at school in your child's cubby after we are done; please make sure you don't need it back. We will also be doing a study on apples at the end of the month.

Hopefully, our summer weather will continue for a while, but please remember that in preschool, we go outside at least twice a day, so please come prepared, rain or shine. We often use sunscreen into this month as well, so please watch for a note in case your child needs more.

Ms. Kayla will be going back to school this month and only be working PT. Ms. Samantha will also be working in preschool with us.

Thank you for sharing your amazing children with us!

Ms. Angela, Ms. Kayla and Ms. Kim



Pre-K

Welcome!

It's September and the beginning of our school year. Last month we said goodbye to a bunch of our graduated Pre-K Bears and we are about to welcome a whole new class to become Pre-K. Our transition will happen Tuesday, September 8th, so be sure to start talking to your child about the move.

For this month, we will begin introducing the classroom rules and activities, and learn what your child already knows when it comes to the alphabet, numbers, shapes, and colors. We will also begin our Second Step program. Our themes this month are Fairy Tales, Back to School, All About Me, Family, and Autumn.

For the first week, before the transition, we will be learning about different fairy tales. We will be practicing story retelling and sequence recognition. We will be finding different ways to incorporate the fairy tales into our outdoor play with character charades, and large and fine motor art. We will open up vocabulary using new and fantastical creatures (although I imagine many of your kids will already know about a lot of these). We will encourage leadership among those of our class who will be staying on into next year.

For the second week, as our new class steps through the doors, we will be using the theme "Back to School" to introduce what it means to be a Pre-K Big Bear. We will walk through our classroom expectations, our rules, our sign in and out chart, job chart and calendar, and writing time. Pre-K is all about strengthening the foundation for learning. To begin, we will use this week to discover skills each child could use help on, and what still needs to be taught.

We will also begin our Second Step program, which, with the help of some puppets, introduces Social-Emotional skills and will help our class start to recognize emotions and the appropriate outlets for them. Our two big themes for Pre-K this year are "Respect" and "Love", so we will talk about what those words mean, generally and specifically for our class.

The third week will be All About Me. We will be looking at facial features, body parts, bones, and muscles. We will talk about how all these things help us to move, and talk, and express emotion. We will see how each of us have individual characteristics that make us different, but how we also have characteristics that make us the same. Our writing time will focus on the letter 'A'.

Our fourth week will be about Family. We will talk about our individual families, other people's families, and our 5C's family. We will look at the difference between immediate family and extended family. We will look at families around the world, at how they are different and the same. In the past, we have invited our class to bring a picture frame of their family to place on top of their cubby. This way everyone can see what other families look like and your child can look at their family photo from time to time. Please bring a family photo in by September 21st. Our writing time will focus on the letter 'B'.

For our fifth and final week

of September, we will be talking about Autumn. Fall will be in full swing by now, so we will be taking nature hikes around the park and around Garfield across the street to look at the different ways autumn is changing our world. We will talk about the weather becoming colder, the wind and the rain, and what it means to have changing, falling leaves. Our writing time will focus on the letter 'C'.

Owen's birthday on the 21st. A new treat in Pre-K is if it is your birthday week, we get to watch a movie on Friday. Your child can choose one from our movie cabinet or bring one from home (please make sure the movie is rated G). Store bought treats are welcome if you would like to bring one.

We are really excited for this year and can't wait for the things in store!

Ms. Moriah, Ms. Lori, Ms. Grace

Parent Board:

The Parent Board met in August. New board members were welcomed, officers were elected, and monthly board meetings were set to meet the third Thursday of each month.

5Cs wants to thank each parent for their participation in the parent board and we look forward to a busy year,

